FALL 2023 HIGHLIGHTS

Breast Cancer/Emotional Intelligence Awareness month

WEC Orientation Seminar

Gender Based Violence Month

Call for Writers

Call for Volunteers

Past Event Photos

Did you get snapped at our previous events? Check out the photos below and also our social media to see if you were snapped!









For more information Visit our website at **ciu.edu.tr.** You can Also join our what's app community

@ciu_women_empowerment_center

CIU-WOMEN EMPOWERMENT CENTER NEWSLETTER



A Warm Welcome

I would like to extend a warm welcome to all of you. Whether you are just beginning your journey at CIU or continuing your studies here, we are excited to have you join our empowering community.

The Women Empowerment Center at CIU is committed to fostering a supportive and inclusive environment where every individual has equal opportunities to grow, thrive, and succeed. We believe that by empowering women, we create a stronger and more equitable society.

Through our various programs, initiatives, and resources, we strive to support your personal and professional growth. Our workshops, seminars, and trainings are designed to enhance your leadership skills, boost your self-confidence, and develop your entrepreneurial mindset. We also provide mentorship opportunities that connect you with successful women professionals who can guide and inspire you along your journey.

As for those of you interested in Science, Technology, Engineering, and Mathematics (STEM), our Women in STEM project is here to empower and support you. We offer specialized workshops, networking events, and mentorship programs to help you excel in these fields that are traditionally underrepresented by women.

Our commitment extends beyond the campus as well. The Women Empowerment Center actively advocates for gender equality and women's rights within the university and the wider community. We organize awareness campaigns, panel discussions, and conferences to create meaningful dialogue and drive positive change.

I encourage all of you to take full advantage of the resources and opportunities provided by the Women Empowerment Center. Engage in our programs, connect with fellow students, and explore new possibilities for growth and empowerment. Together, we can create a supportive and empowering environment where everyone can thrive.

Stay updated with our upcoming events, and initiatives through our website and social media platforms. Once again, welcome to the Women Empowerment Center at CIU. We look forward to embarking on this empowering journey with you and witnessing your personal and academic growth. Best wishes,

Hauwa Bashir Coordinator CIU-WEC

Join the WEC Community and Idea Nest

Joining the CIU Women Empowerment Center community is a wonderful opportunity to connect with like-minded individuals, gain valuable skills, and contribute to the empowerment of women on campus. Here's some more information on how you can get involved:

• **Membership:** To become a member of the Women Empowerment Center, all you need to do is express your interest and register. Membership is open to all students at CIU, irrespective of gender. By becoming a member, you not only gain access to exclusive events and resources but also become an integral part of a supportive community.

 Idea Nest: The Idea Nest is an exciting initiative within the Women Empowerment Center that focuses on fostering innovation, entrepreneurship, and leadership. It provides a platform for aspiring entrepreneurs and innovative thinkers to develop their ideas, collaborate with others, and receive guidance and support from experienced mentors.

 Mentorship and Coaching: The Women Empowerment Center offers mentorship and coaching programs to provide guidance and support to its members. Through these programs, you can connect with professionals or experienced individuals who can offer insights, advice, and help you navigate your personal and professional growth.

• Volunteering Opportunities: The Women Empowerment Center encourages active student involvement in planning and hosting events, organizing campaigns, and contributing to its initiatives. Volunteering with the center not only allows you to make a positive impact but also provides you with valuable leadership and organizational skills.

 Collaboration with Other Clubs/Organizations: The Women Empowerment Center actively collaborates with other clubs and organizations on campus to promote a culture of inclusivity and equality. By working together, we create a stronger and more comprehensive support system for women at ClU.

> "Remember, joining the Women Empowerment Center community is not just about receiving support and resources; it's also about taking an active role in shaping the future of gender equality and women's empowerment. So, embrace the opportunity, engage with fellow members, contribute your ideas and talents, and empower yourself and others."



CIU-WEC Research's

Exploring the Influence of Cultural Baggage on Female Integration and Academic Performance at CIU.

Cultural baggage refers to the beliefs, values, and assumptions we inherit from our upbringing and culture. It shapes our perceptions, interactions, and biases towards others. For example, growing up in an individualistic culture may prioritize personal achievement over cooperation. Cultural baggage can also lead to unconscious biases and stereotypes towards different cultures. Recognizing and challenging our cultural baggage helps develop inclusive and respectful interactions. The aim of this research is to raise awareness and develop strategies to overcome cultural biases within the Women Empowerment Center.

Mitigating cultural and linguistic barriers

Linguistic barriers can arise when people do not speak the same language. This can make it difficult to communicate effectively, as well as to understand each other's perspectives and experiences. Even if people speak the same language, there can still be differences in dialects, accents, and idioms that can create communication barriers.

Both cultural and linguistic barriers can also lead to discrimination, prejudice, and stereotypes. People may make assumptions or judgments about others based on their cultural or linguistic background, rather than seeing them as individuals with unique experiences and perspectives. To overcome these barriers, it is important to develop cultural competence and language skills, as well as to be open- minded and respectful of different perspectives and experiences.

creating a multicultural community for female international students in CIU

A multicultural community is a diverse community where people from different cultural and ethnic backgrounds interact and share their customs, traditions, and experiences. It brings together people with various languages, religions, and customs. Living in a multicultural community offers several benefits such as exposure to diverse perspectives and experiences, fostering creativity and innovation, promoting tolerance and acceptance, creating social and cultural capital, and improving economic opportunities.

In the Women Empowerment Center (WEC), our aim is to expose every member to different cultures and explore how culture influences interpersonal relationships and academic performance. This research will help individuals in WEC gain a deeper understanding of cultural diversity and its impact on their personal and academic lives.



Read full research article on our website ciu.edu.tr



Initiating sustainable women networking among international students

Networking is an important tool for career development and advancement, and it can be particularly important for women who face unique challenges in the workplace. Building a strong network of contacts can help women to gain access to opportunities, find mentors and sponsors, and develop relationships that can lead to career advancement.networking is an important tool for career development and advancement, and it can be particularly important for

EMPOWERING women on campus for a sustainable future

Education and Awareness

Empowering women starts with providing them with equal access to education, providing additional scholarship grants and raising awareness about sustainability. Cyprus International University offers diverse academic programs that encourage women to explore various fields related to sustainability, such as environmental science, renewable energy, sustainable agriculture, and eco-design. Additionally, incorporating sustainability into the curricula across disciplines has helped students develop a holistic understanding of the challenges and solutions.

Leadership Development

Leadership opportunities are vital for empowering women on campus. CIU-WEC aligned with CIU Alumni establishesprograms that offer mentorship, training, and networking opportunities, allowing women to develop leadership skills in the field of sustainability. CIU sustainable project has also provided a platform for women to incorporate creative thinking collaborate, and make a significant impact within their campus and the wider community.

Encouraging Research and Innovation

Promoting women's involvement in research and innovation in sustainability is essential to driving impactful change. Women's engagement through research is essential to the process of women's empowerment The CIU-WEC research has been curated to engage and involve its members in several aspects of group research and community-based projects. Women need to be actively involved in the development and implementation of policies, programs, and initiatives that are designed by CIU- WEC to contribute to their empowerment.Recognizing and celebrating outstanding contributions by women researchers and innovators can further inspire others to follow suit.

Community Engagement

IEngaging with the local community is crucial for creating a sustainable future. CIU-WEC encourageswomen to take part in outreach programs that promote sustainability education and projects within the community. These initiatives can focus on areas such as waste reduction, renewable energy adoption, and conservation efforts. By actively involving women in these community-driven initiatives, we empower them to make a meaningful difference, creating a ripple effect that extends beyond the campus walls. In today's rapidly changing world, the need for sustainable practices and a focus on building a better future has become crucial. At the forefront of this movement are women who are driving positive change and leading the way towards a more sustainable future. Empowering women on campus is essential for creating a sustainable future that thrives on diversity, inclusivity, and equality.

By empowering women on campus, CIU-WEC strives to cultivate a generation that is equipped with the knowledge, skills, and passion to tackle the pressing challenges of sustainability. Some of our focus includes:



