

### Healthy Living and Nutrition Club Logo:



The mission, vision and scope of the Nutrition and Healthy Living Club are as follows

#### **Mission:**

To ensure the professional and social development of the current students and members of the Department of Nutrition and Dietetics (BDB) by increasing its diversity in the field of activity, to provide information about BDB and to promote its activities, to create a spirit of solidarity in the activities we will participate as a club (fairs, promotions, seminars, conferences, competitions, etc.) and to represent our university in the best way.

**Vision:** To create nutritional awareness in line with the principles of healthy nutrition, to contribute to the formation of healthy individuals and societies, to ensure that students are as active as possible regarding the effects of nutritional habits on health, to closely follow the developments in nutrition science and health, to inform the society and individuals in the light of scientific knowledge.

#### **Scope:**

- To have social interactions with experts and institutions in the field of BD through career days, festivals, symposiums, conferences and similar events to be organized by the club and to support our university students in internship and job opportunities and career planning by expanding our communication network through these interactions,
- As the Nutrition and Healthy Living Club, to represent our university by communicating and interacting with the BD Clubs of different universities.

#### **Possible Activities to be done and Contributed as a Club:**

- Organizing activities to raise awareness on special days or weeks related to health,
- Active use of social media channels to ensure that organized events are announced to a wider audience,
- To be in constant communication with the Events, Alumni and Career Committee and to contribute to the organized events,
- To contribute to the quality studies of the Quality, Internship, Exemption and Curriculum Commission.
- To assist in organizing and conducting department student representative elections in order to elect student representatives who will participate in department commissions and boards.