

Evidence for THE Impact Rankings Questionnaire

University : Cyprus International University
Country : North Cyprus- Türkiye
Web Address : www.ciu.edu.tr

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Mental Health Support

Cyprus International University (CIU) recognizes mental health as a fundamental component of student success and personal development. We are committed to providing comprehensive, accessible, and stigma-free mental health support for all our students.

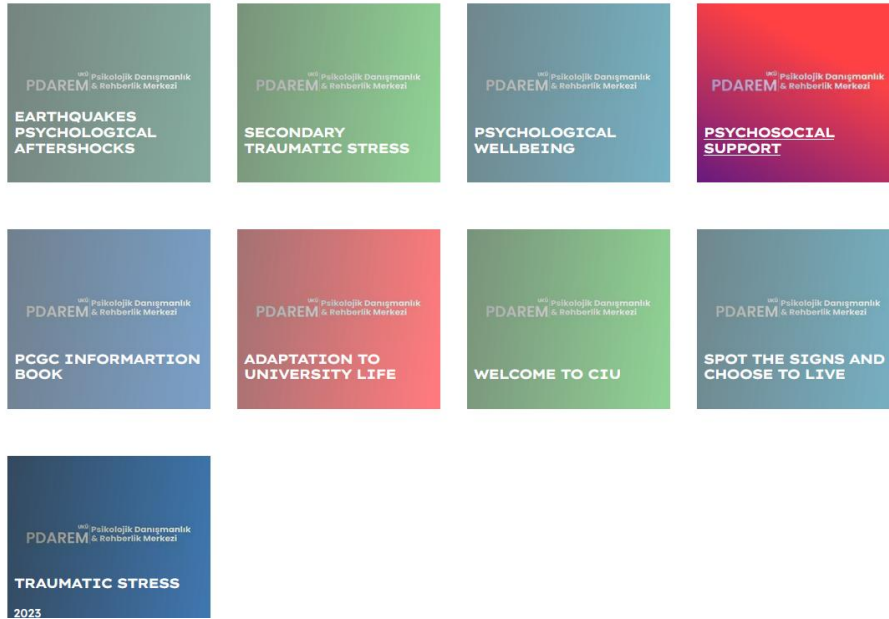
Our implemented support system includes:

- Professional Counseling Services: We offer free, confidential, one-on-one counseling sessions with licensed professionals to help students navigate personal, academic, and emotional challenges.
- Preventive Workshops and Outreach: We conduct regular workshops and seminars on stress management, resilience building, and mindfulness, empowering students with practical skills to maintain their mental wellness.
- Crisis Support and Peer Networks: We provide 24/7 crisis intervention support and foster peer-led support groups to create a compassionate campus community where students feel safe, heard, and supported.

At Cyprus International University, we offer mental health support for our students and staff. This service is accessible through CIU PCGC (Cyprus International University- Psychological Counselling and Guidance Center) (Link: <https://www.ciu.edu.tr/en/student-life/campus-services/psychological-counseling-and-guidance-center>).



CATALOGS AND BROCHURES



<https://ciu.edu.tr/en/student-life/campus-services/psychological-counseling-and-guidance-center>

Our students' clubs such as: Guidance and Psychological Counseling (PCG) Club and Psychology Club provide further knowledge to our students regarding PCG and general social issues.

ciu.edu.tr/en/student-life/student-engagement/student-clubs

Guidance and Psychological Counseling (PCG) Club

Guidance and Psychological Counseling (PCG) Club aims to increase the knowledge of the target audience on the issues about the PCG and enable students to participate in activities related to the PCG, and strengthen interpersonal communication among people. Furthermore, the purpose is to inform scientific, cultural, social, and artistic studies to PCG students and everyone interested in this field. It is also aimed to follow the developments in the world and bring together successful academics from the field with our students.

Club President: Nedanur Can
Club Vice President: İrem Atakan
Club Advisor: Assoc. Prof. Dr. Gürcan Özhan- gozhan@ciu.edu.tr
Club E-mail: club-psychologicalguidance@ciu.edu.tr

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Psychology Club

Psychology Club deals with mental processes and human behavior, as the main focal points of the science of psychology, within the framework of social sciences, and aims to increase awareness of social issues. The Psychology Club aims to help the members with the current science of psychology subjects individually, as well as contribute to the development of the students of the department socially, by encouraging the raising of awareness of various social problems and participating in social projects.

Club President: Ece Dokur
Club Vice President: Cengiz Can Var
Club Advisor: Asst. Prof. Dr. Bengü Berkmen- bberkmen@ciu.edu.tr
Club E-mail: club-psychology@ciu.edu.tr

<https://ciu.edu.tr/en/student-life/student-engagement/student-clubs>

PSYCHOLOGICAL AWARENESS DAYS 2024

Growth Mindset Workshop (GOZE)



Psikolojide Neydi Olacağı



Güneşe Uzanan Eller Documentary



Alternative Work Opportunities in Psychology: Civic Society Example: SOS



Love, Marriage and Infidelity



2024-2025 FALL ACADEMIC SEMESTER EVENTS

Growth Mindset Training (GMT)



Growth Mindset Training Workshop and Certificate Ceremony



Exam Anxiety Seminar



Post-Graduation Anxiety and Interview Preparation Seminar



<https://ciu.edu.tr/en/student-life/campus-services/psychological-counseling-and-guidance-center>

CIU is dedicated to nurturing not only the academic growth of our students but also their emotional and psychological resilience, ensuring a holistic and supportive educational experience.