ULUSLARARASI KIBRIS ÜNİVERSİTESİ
CYPRUS INTERNATIONAL UNIVERSITY

TIMES HIGHER EDUCATION / IMPACT RANKINGS EVIDENCE FACT FILE

SDG 3 / INDICATOR 3.3.2
Health and Well-being Outreach Programmes

Cyprus International University • North Cyprus – Türkiye • www.ciu.edu.tr



SDG 3	3.3.2	14
Good Health and Well-being	Health and well-being outreach	Public health events (2025)

Purpose of this evidence file

This fact file documents the health and well-being outreach of Cyprus International University (CIU) for the local community, supporting THE Impact Rankings SDG 3 measure 3.3.2. It contains the public health events, seminars and awareness activities held in 2025, the university's disability-inclusion and rehabilitation outreach, and the campus services provided for students with disabilities.

INDICATOR 3.3.2

Health and well-being outreach at a glance

CIU delivers health education and awareness activities for the local community through public events, partnerships and accessible campus services.

14	2	9
Public health events and seminars	Disability-inclusion initiatives	Campus accessibility services

Headline result

14 public health events (March–December 2025) + 2 disability-inclusion and rehabilitation initiatives + 9 accessibility and support services for students with disabilities, each documented in the appendices.

Evidence scope

No.	Evidence item / activity group	Value / note
1	Public health seminars, awareness events and workshops	14 events • Appendices 1a–1d
2	Online sessions (Zoom) open to external speakers and participants	2 events • E6, E12
3	Open-air public awareness event in the city centre (Lefkoşa)	1 event • E14
4	Disability-inclusion address and rehabilitation support for the Vakıflar Wheelchair Basketball Team	2 initiatives • Appendices 2a–2b
5	Campus services and support for students with disabilities (2018–2025)	9 services • Appendix 3

What the evidence demonstrates

- CIU takes health education beyond the lecture room: events are open to the community and announced on the university events page.
- Faculty experts and student clubs work together on topics such as diabetes, nutrition, oral health, sexual health, genetics, nursing and emergency medicine.
- Rehabilitation and sports-medicine support for athletes with disabilities shows outreach that serves a community partner directly.
- Accessible infrastructure and counseling services extend well-being support to students with disabilities.

OUTREACH REGISTER • PUBLIC HEALTH EVENTS

Public health and well-being events, 2025

Seminars, awareness events and workshops organised by CIU faculties and student clubs.

Ref.	Date and time	Event / venue / organiser	Topic area	Evidence
E1	**28 March 2025** 09:00	**Balance for Better: Diabetes Awareness** Student Union • Molecular Biology and Genetics Club	Diabetes awareness	Appendix 1a
E2	**23 April 2025** 09:00	**23 Nisan Celebration and Toy Donation Event** Emergency Hospital • School of Health Sciences, Child Development	Child well-being and community solidarity	Appendix 1a
E3	**24 April 2025** 10:00 TR / 14:00 EN	**Sexually Transmitted Diseases: Protection Ways and Raising Awareness** Çevik Uraz Conference Hall • School of Health Sciences, Nursing	Sexual and reproductive health	Appendix 1a
E4	**25 April 2025** 14:30	**Innovations in Molecular Biology and Genetics** GE 140 • Speaker: Prof. Dr. Nedime Serakıncı	Genetics and molecular biology	Appendix 1a
E5	**14 May 2025** 13:30	**2025 Nursing Week Event** Çevik Uraz Conference Hall • Speaker: Prof. Dr. Nurgün Platin	Nursing and health care	Appendix 1b
E6	**15 May 2025** 20:00	**Role of the Carbohydrate Counting Technique in Medical Nutrition Therapy of Diabetes** Zoom • Speaker: Prof. Dr. Emel Özer • Nutrition and Dietetics	Diabetes and nutrition therapy	Appendix 1b
E7	**15 May 2025** 16:30	**Nurses in Rhythm: A Celebration of Voice and Dance** Çevik Uraz Center, Amphi 1 • Nursing Club	Nursing community and well-being	Appendix 1b
E8	**17 May 2025** 10:00	**II. Traditional Physiotherapy Party** Picobelle • Faculty of Health Sciences, Physiotherapy and Rehabilitation	Physiotherapy and rehabilitation	Appendix 1b
E9	**17 May 2025** 10:00	**Epidemiology of Oral Health and Dental Diseases** Çevik Uraz Conference Hall • Speaker: Prof. Dr. Hamid Soori	Oral and dental health	Appendix 1c
E10	**28 November 2025** 09:00	**Epigenetics and Health** Student Union • Molecular Biology and Genetics Club	Genetics and health	Appendix 1c
E11	**05 December 2025** 09:00	**How to Approach Pelvic Pain in the Emergency Setting: A Rapid Decision-Making Framework** GE 140 • Speaker: Dr. Hasti Jabbari • Medical Students' Club	Emergency medicine	Appendix 1c
E12	**22 December 2025** 20:00	**Food Allergies in Children and Current Nutrition Approaches** Zoom • Speaker: Prof. Dr. Nurcan Yabancı Ayhan • Nutrition and Dietetics	Child nutrition and food allergy	Appendix 1c
E13	**23 December 2025** 09:00	**Oral Awareness** Student Union • Dentistry Club	Oral health awareness	Appendix 1d
E14	**25 December 2025** 10:00	**3. Herkes İçin Sağlık Farkındalığı** Lefkoşa Sarayönü Meydanı / Dikili Taş (public square)	Public health awareness	Appendix 1d

OUTREACH REGISTER • DISABILITY INCLUSION AND CAMPUS SERVICES

Disability inclusion, rehabilitation and campus services

Initiatives that extend CIU's health and well-being outreach to individuals and students with disabilities.

Ref.	Initiative	Description	Evidence
2a	International Day of Persons with Disabilities address	Address "Taking Steps Together for an Inclusive Society" by Asst. Prof. Dr. Mehmet Miçooğulları, Physiotherapy and Rehabilitation (3 December).	Appendix 2a
2b	Vakıflar Wheelchair Basketball Team cooperation	Annual performance evaluations, clinical rehabilitation at SAYAM, injury-prevention support and on-field emergency response at competitions, under the protocol with the team.	Appendix 2b
3	Services for students with disabilities, 2018–2025	Disabled Student Unit, two consultant psychologists, accessible transport and buildings, braille signage and tablets, GETEM library cooperation and PDAREM counseling.	Appendix 3

Our approach

At Cyprus International University (CIU), we believe our responsibility extends beyond campus boundaries into the heart of our local community. Our strategy for delivering health and well-being outreach is active, practical, and driven by collaboration between our academic expertise, student involvement, governmental bodies, and NGOs.

Within the scope of SDG 3 (Good Health and Well-Being), CIU regularly organizes free educational programs, health seminars, awareness workshops, and community-focused wellness activities. Most of these events are publicly announced under the events section on our university website (https://ciu.edu.tr/en/events).

Our commitment

In addition to public health events, CIU actively supports individuals and students with disabilities through dedicated campus infrastructure, specialized services (see Appendix 3), and institutional partnerships with organizations such as the TRNC Disabled Sports Federation.

Closing statement

CIU's health and well-being outreach combines public events, expert-led seminars, partnerships and accessible services. Through open events, online sessions, community awareness activities and support for athletes and students with disabilities, the university contributes to health awareness and well-being in the local community. CIU will continue to expand these activities in line with SDG 3.

APPENDIX 1a • PUBLIC HEALTH EVENTS

Event posters and links • E1–E4

Event posters from the CIU events page • sheet 1 of 4



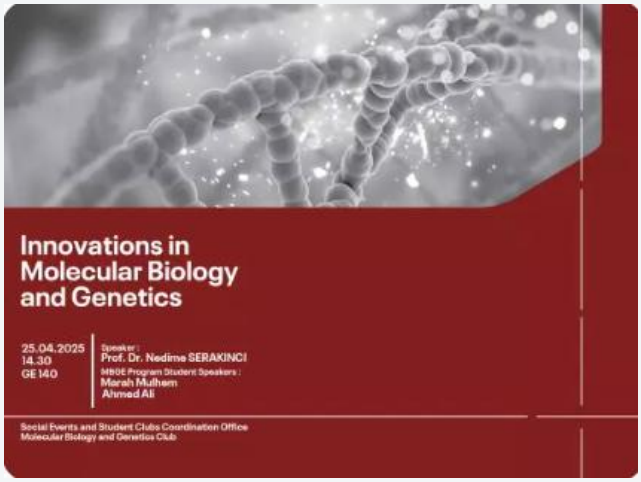
E1 • 28 March 2025, 09:00
Balance for Better: Diabetes Awareness
https://ciu.edu.tr/en/events/balance-better-diabetes-awareness



E2 • 23 April 2025, 09:00
23 Nisan Celebration and Toy Donation Event
https://ciu.edu.tr/tr/etkinlikler/23-nisan-kutlama-ve-oyuncak-bagisi-etkinligi



E3 • 24 April 2025, 10:00 TR / 14:00 EN
Sexually Transmitted Diseases: Protection Ways and Raising Awareness
https://ciu.edu.tr/tr/etkinlikler/cinsel-yolla-bulasan-hastaliklar



E4 • 25 April 2025, 14:30
Innovations in Molecular Biology and Genetics
https://ciu.edu.tr/en/events/innovations-molecular-biology-and-genetics

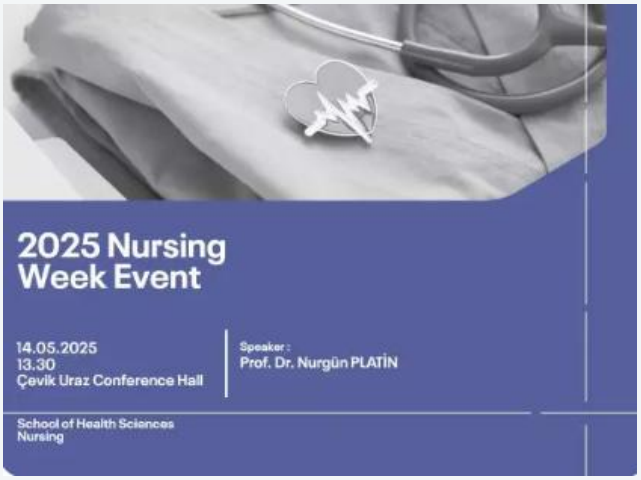
Evidence note

Event posters and web links for E1, E2, E3, E4 (4 events). The events are announced on the CIU events page: https://ciu.edu.tr/en/events.

APPENDIX 1b • PUBLIC HEALTH EVENTS • CONTINUED

Event posters and links • E5–E8

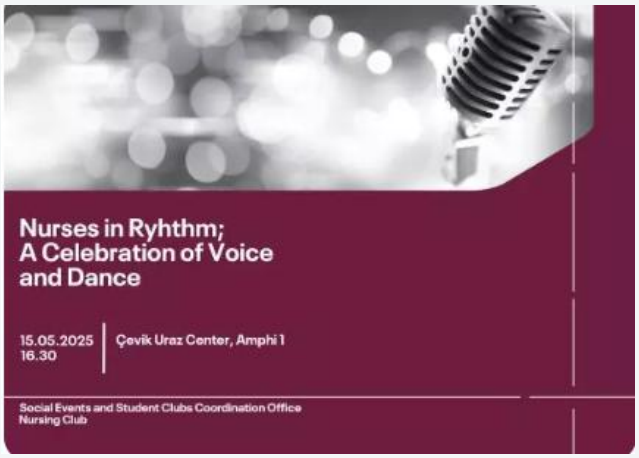
Event posters from the CIU events page • sheet 2 of 4



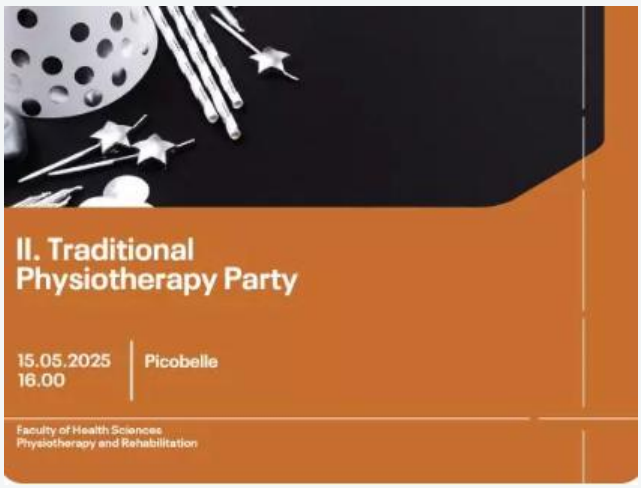
E5 • 14 May 2025, 13:30
2025 Nursing Week Event
https://ciu.edu.tr/en/events/nursing-week-event-2025



E6 • 15 May 2025, 20:00
Role of the Carbohydrate Counting Technique in Medical Nutrition Therapy of Diabetes
https://ciu.edu.tr/tr/etkinlikler/karbonhidrat-sayim-tekniginin-yeri



E7 • 15 May 2025, 16:30
Nurses in Rhythm: A Celebration of Voice and Dance
Poster only – no event page link on file



E8 • 17 May 2025, 10:00
II. Traditional Physiotherapy Party
https://ciu.edu.tr/en/events/2-traditional-physiotherapy-party

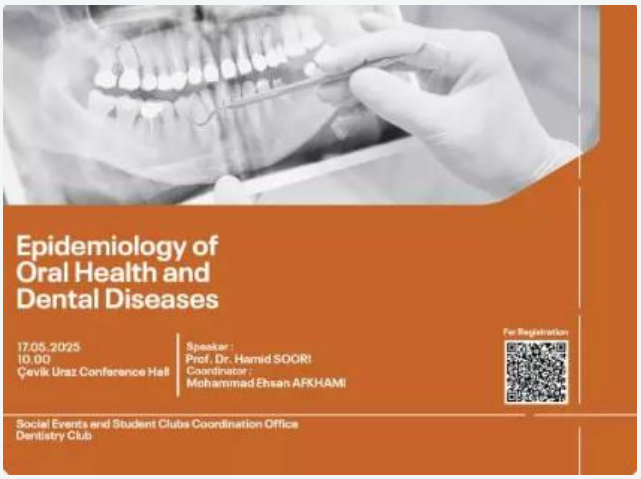
Evidence note

Event posters and web links for E5, E6, E7, E8 (4 events). The events are announced on the CIU events page: https://ciu.edu.tr/en/events.

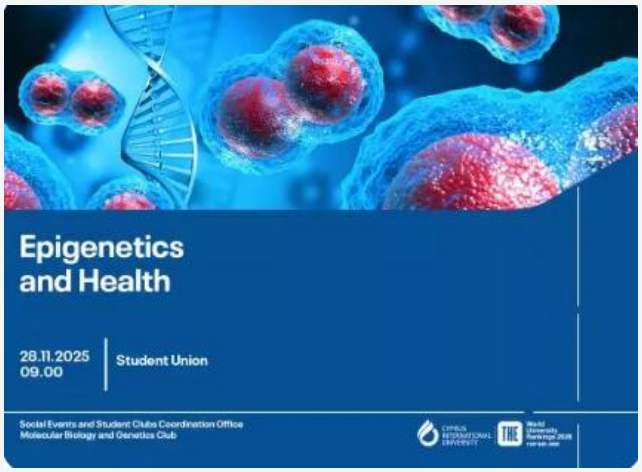
APPENDIX 1c • PUBLIC HEALTH EVENTS • CONTINUED

Event posters and links • E9–E12

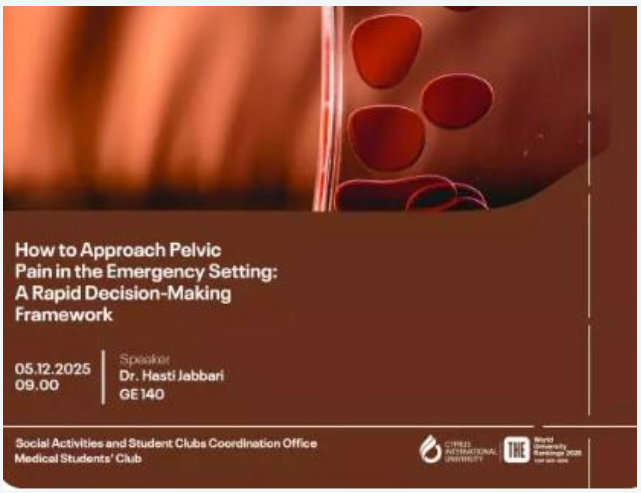
Event posters from the CIU events page • sheet 3 of 4



E9 • 17 May 2025, 10:00
Epidemiology of Oral Health and Dental Diseases
https://ciu.edu.tr/en/events/epidemiology-oral-health-and-dental-diseases



E10 • 28 November 2025, 09:00
Epigenetics and Health
https://ciu.edu.tr/en/events/epigenetics-and-health



E11 • 05 December 2025, 09:00
How to Approach Pelvic Pain in the Emergency Setting: A Rapid Decision-Making Framework
https://ciu.edu.tr/en/events/how-approach-pelvic-pain-emergency-setting



E12 • 22 December 2025, 20:00
Food Allergies in Children and Current Nutrition Approaches
https://ciu.edu.tr/tr/etkinlikler/cocuklarda-besin-alerjileri-ve-guncel-beslenme-yaklasimlari

Evidence note

Event posters and web links for E9, E10, E11, E12 (4 events). The events are announced on the CIU events page: https://ciu.edu.tr/en/events.

APPENDIX 1d • PUBLIC HEALTH EVENTS • CONTINUED

Event posters and links • E13–E14

Event posters from the CIU events page • sheet 4 of 4



E13 • 23 December 2025, 09:00
Oral Awareness
https://ciu.edu.tr/en/events/oral-awareness



E14 • 25 December 2025, 10:00
3. Herkes İçin Sağlık Farkındalığı (Health Awareness for Everyone, 3rd edition)
https://ciu.edu.tr/tr/etkinlikler/3-herkes-icin-saglik-farkindaligi

Evidence note

Event posters and web links for E13, E14 (2 events). The events are announced on the CIU events page: https://ciu.edu.tr/en/events.

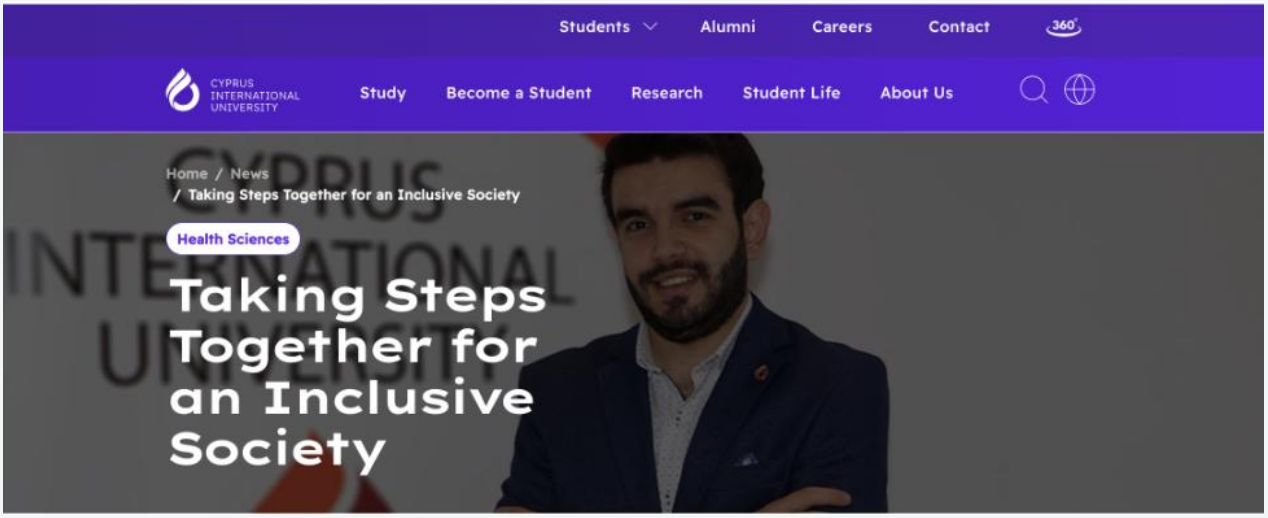
APPENDIX 2a • DISABILITY INCLUSION AND REHABILITATION

International Day of Persons with Disabilities address

"Taking Steps Together for an Inclusive Society" • CIU website news article

Summary

On the occasion of December 3rd, International Day of Persons with Disabilities, Asst. Prof. Dr. Mehmet Miçooğulları, from the Department of Physiotherapy and Rehabilitation at Cyprus International University, delivered a comprehensive address titled "Taking Steps Together for an Inclusive Society." In his statement, Dr. Miçooğulları emphasized that disability is a societal matter rather than an individual one, advocating for a shift in perspective from "providing help" to "empowering independent individuals." He highlighted that true social inclusion is only achievable through accessible infrastructure, equitable education, and robust rehabilitation services. Furthermore, he detailed the university's active role in this mission, including providing accessible campus facilities, collaborating with special education institutions, and offering volunteer physiotherapy support to the Wheelchair Basketball Team. By promoting sports as a tool for social participation and breaking societal prejudices, Dr. Miçooğulları's message serves as a call to action for continuous awareness and systemic support to ensure that individuals with disabilities are recognized as equal and productive citizens.



News article on the CIU website

Evidence note

Copy of the news article published on the CIU website: https://ciu.edu.tr/en/news/taking-steps-together-inclusive-society

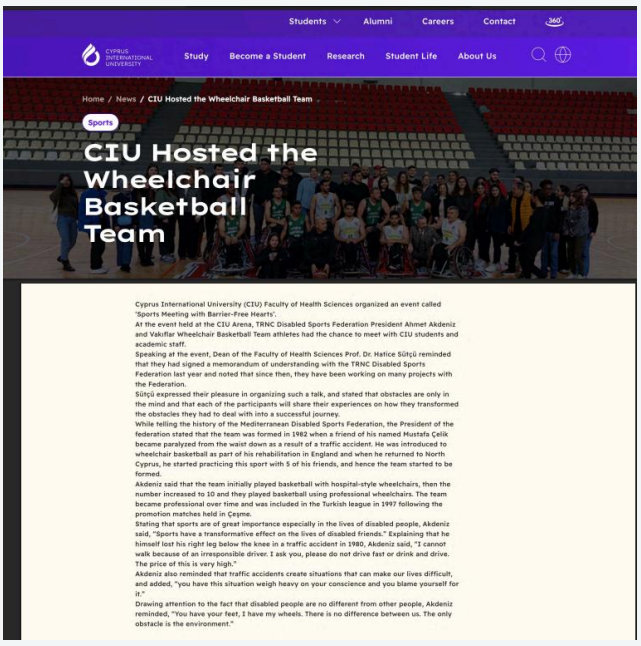
APPENDIX 2b • DISABILITY INCLUSION AND REHABILITATION

Cooperation with the Vakıflar Wheelchair Basketball Team

Cooperation report • Department of Physiotherapy and Rehabilitation • sheet 1 of 2

Cooperation report

Within the framework of the protocol signed with the Vakıflar Wheelchair Basketball Team, regular annual performance evaluations of the athletes were conducted, and the resulting data analyses were shared with the team management and coaching staff. During this period, comprehensive clinical rehabilitation services were provided at the Healthy Living Center (SAYAM), specifically aimed at enhancing the athletes' functional capacities and implementing injury prevention strategies. Furthermore, our faculty members, Asst. Prof. Dr. Mehmet Miçooğulları and Dr. PT Batuhan Dericioğlu, were present at all competitions to provide uninterrupted on-field emergency response and first-aid support. These services, backed by our academic expertise and clinical experience, represent a holistic approach dedicated to safeguarding athlete health and ensuring the sustainable competitive success of the team.



News article on the CIU website





Physiotherapy assessment and treatment

APPENDIX 2b • DISABILITY INCLUSION AND REHABILITATION • CONTINUED

Cooperation with the Vakıflar Wheelchair Basketball Team

Photographs and news link • sheet 2 of 2



Vakıflar Wheelchair Basketball Team



Team with CIU students and staff



Athlete assessment with CIU students

Evidence note

Cooperation report and photographs for the physiotherapy and rehabilitation support provided to the Vakıflar Wheelchair Basketball Team, with the related news article: https://ciu.edu.tr/en/news/ciu-hosted-wheelchair-basketball-team

APPENDIX 3 • CAMPUS SERVICES FOR STUDENTS WITH DISABILITIES

Services provided for students with disabilities, 2018–2025

Disabled Student Unit and campus accessibility services

Disabled Student Unit

Disabled Student Unit: Based on the principle of equal opportunity in education, services are provided to ensure that students with disabilities can benefit from all facilities and opportunities throughout their education and to facilitate their access to these services. For this purpose, the unit works to eliminate movement restrictions within and around the campus, make administrative plans to remove barriers to accessing educational programs due to disabilities, and provide a rights- and law-based approach, especially in assessment and evaluation, which is an integral part of student life.

Two psychologists assigned by the Rectorate serve as consultants for students with disabilities.

Services provided

No.	Service
1	The buses used for campus access have been renewed, and accessible buses suitable for individuals with disabilities have been added to the transportation fleet.
2	Building areas and ramp access to campus buildings have been arranged.
3	Education and activity areas have been rearranged so that students with disabilities do not experience difficulties in accessing classes and activities in buildings with unsuitable physical conditions.
4	All campus buildings with more than a single floor are equipped with elevators.
5	Parking spaces have been rearranged, and dedicated disabled parking spaces have been clearly marked.
6	Braille signage is used for all rooms and classrooms on campus to increase the independent mobility of visually impaired students.
7	Braille tablets were purchased for visually impaired students to facilitate their educational processes.
8	Institutional cooperation with Boğaziçi University's Technology Laboratory for the Visually Impaired (GETEM) was established so that visually impaired students and staff can fully benefit from library services. Our visually impaired students can access over 15 thousand publications in our library.
9	Students with disabilities can also receive professional counseling and psychological support from PDAREM, affiliated with the ÖGDM Directorate, for psychological matters.