ULUSLARARASI KIBRIS ÜNİVERSİTESİ
CYPRUS INTERNATIONAL UNIVERSITY

THE IMPACT RANKINGS

TIMES HIGHER EDUCATION / IMPACT RANKINGS EVIDENCE FACT FILE

SDG 3 / INDICATOR 3.3.4
Sexual and Reproductive Health-care Services for Students

Cyprus International University • North Cyprus – Türkiye • www.ciu.edu.tr



SDG 3	3.3.4	4
Good Health and Well-being	Student sexual and reproductive health	Campus service units

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Purpose of this evidence file

This fact file documents how Cyprus International University (CIU) gives its students access to free, confidential sexual and reproductive health-care services in 2025, supporting THE Impact Rankings SDG 3 measure 3.3.4. It covers the campus service units, the academic courses and the awareness activities that make up this provision.

INDICATOR 3.3.4

Sexual and reproductive health care at a glance

CIU combines free, confidential services with education and awareness so that students can obtain accurate information and care without stigma.

4	6	7
Campus service units	Academic courses	Awareness activities and campaigns

Headline result

Free and confidential sexual and reproductive health-care services are available to all students through the Health Center, supported by the Healthy Life Center, the Psychological Counseling and Guidance Center (PDAREM) and the Women Empowerment Center (CIU-WEC), and reinforced by six related courses and awareness activities in 2025.

Evidence scope

No.	Evidence item	Value / note
1	On-campus Health Center: free consultations, screening and referral	Appendix 1a
2	Healthy Life Center: holistic support and resources	Appendix 1b
3	PDAREM: confidential psychological counseling and guidance, including relationships	Appendix 1c
4	Women Empowerment Center: campaigns and programmes for women	Appendix 1d
5	Courses on sexual health, sexuality, reproduction and related law and education	6 courses • Appendices 2a–2b
6	Awareness sessions and campaigns (STI awareness, violence prevention, feminine hygiene, breast cancer)	7 activities • Appendices 1c, 1d, 3

What the evidence demonstrates

- Students can obtain sexual and reproductive health care free of charge on campus, with confidentiality built into the service.
- Services are available in more than one place: medical care at the Health Center, wider support at the Healthy Life Center and confidential counseling at PDAREM.
- Education is part of the offer: courses from undergraduate to MSc level cover sexual health, contraception, STIs, reproduction and the legal and social context.
- Awareness sessions are delivered in Turkish and English so that the international student body can take part.

SERVICE REGISTER • CAMPUS SERVICES FOR STUDENTS

Free and confidential services for students

Campus units through which students obtain sexual and reproductive health care, counseling and support.

Ref.	Service unit	What students receive	Evidence
S1	**Health Center**	Free basic care and outpatient services (08:00–17:00), including free sexual and reproductive health care, consultations, screening and referral. Tel: +90 392 671 1111, ext. 2905.	Appendix 1a
S2	**Healthy Life Center**	Further holistic support, health resources and wellness programmes for students.	Appendix 1b
S3	**Psychological Counseling and Guidance Center (PDAREM)**	Free, confidential psychological support and guidance on interpersonal relationships and mental well-being; seminars for students.	Appendix 1c
S4	**Women Empowerment Center (CIU-WEC)**	Activities and campaigns for women, including violence prevention, feminine hygiene and breast cancer awareness.	Appendix 1d

Our approach

CIU is committed to safeguarding the well-being of its students by providing accessible, free, confidential and comprehensive sexual and reproductive health-care services throughout 2025. The provision rests on three pillars:

- Direct clinical access: free and confidential consultations, screenings and referrals through the on-campus Health Center and established partnerships with local health-care providers.
- Education and awareness: academic courses, workshops and regular information campaigns on contraception, consent, healthy relationships and the prevention of sexually transmitted infections (STIs).
- Discreet support and resources: counseling and health-services teams that give every student accurate information and compassionate care without stigma.

Confidentiality

All services are structured to respect and protect student privacy. Students can approach the Health Center, the Healthy Life Center or PDAREM directly, whenever they need to.

EDUCATION AND AWARENESS REGISTER

Courses and awareness activities

Academic courses offered to students at different levels, and awareness sessions held in 2025.

Academic courses

Ref.	Code	Course	Programme	Credits	Evidence
C1	HMSR309	**Sexual Health**	Nursing (undergraduate)	2	Appendix 2a
C2	PSYC325	**Introduction to Human Sexuality**	Psychology (undergraduate)	3	Appendix 2a
C3	OZEG414	**Disabilities and Sexual Education**	Special Education Teaching (undergraduate)	2	Appendix 2a
C4	ILAW410	**Gender, Sexuality and Law**	Law, English (undergraduate)	2	Appendix 2b
C5	MBGE299	**Reproductive Genetics and Technologies**	Molecular Biology and Genetics (undergraduate)	3	Appendix 2b
C6	BIOT512	**Reproductive Biology and Embryology**	Bioengineering (MSc)	3	Appendix 2b

Awareness sessions and campaigns

Ref.	Activity	Details	Evidence
A1	**Sexually Transmitted Diseases: Protection Ways and Raising Awareness**	24 April 2025, Çevik Uraz Conference Hall; Turkish session 10:00 and English session 14:00; School of Health Sciences (Nursing).	Appendix 3
A2	**The Hidden Layers of Violence Against Women: An Awareness Workshop**	Seminar organised by the Counseling and Guidance Center (PDAREM).	Appendix 1c
A3	**CIU-WEC: International Women's Day (8 March)**	Annual conferences, booth campaign and social-media sensitisation.	Appendix 1d
A4	**CIU-WEC: 16 Days of Activism Against Gender-Based Violence**	Seminars, social-media awareness and activities from 25 November to 10 December.	Appendix 1d
A5	**CIU-WEC: Going Green with Feminine Hygiene**	Education on feminine hygiene and sustainable products, with free skincare consultation by medical professionals and workshops.	Appendix 1d
A6	**CIU-WEC: World Cultural Diversity Day (21 May)**	Intercultural dialogue among female students from different countries.	Appendix 1d
A7	**CIU-WEC: Breast Cancer Awareness Month (13–31 October)**	Campaigns and social-media sensitisation on breast cancer.	Appendix 1d

Closing statement

By combining accessible, free medical services with academic education and awareness activities, CIU empowers students to make informed and healthy decisions about their sexual and reproductive lives, and keeps the campus safe, inclusive and supportive for everyone.

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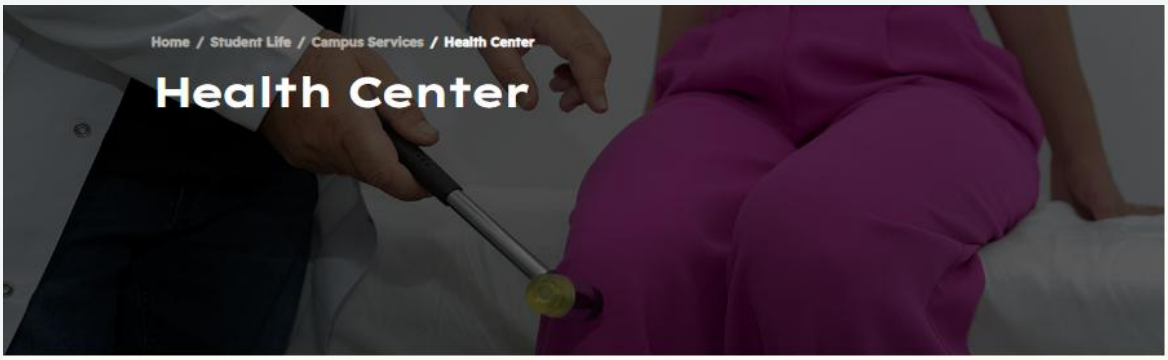
APPENDIX 1a • CAMPUS SERVICES

Health Center

Web page of the CIU Health Center • free sexual and reproductive health care for students

Free sexual health care for students

Students are provided with free sexual and reproductive health-care services through the Health Center whenever needed. The page describes basic health-care services (08:00–17:00), the sexual and reproductive health offer and the confidentiality of these services. Contact: +90 392 671 1111, ext. 2905.



CIU health center provides free basic care and attention, as well as outpatient treatment services from 08:00-17:00.

Basic Healthcare Services

At Cyprus International University, we promote our students' health and well-being by offering free healthcare services and educational resources. We aim to create a supportive environment where students can access medical care, mental health resources, and wellness programs tailored to their needs. Informed students are empowered, so we provide educational initiatives that foster health literacy and encourage proactive health management. Visit our clinic to learn how we can support your journey to a healthier, happier campus experience.

Sexual and Reproductive

At CIU, we prioritize the sexual and reproductive health of our students by providing education and access to essential healthcare services. Our commitment includes offering confidential resources, expert guidance, and inclusive programs that empower students to make informed decisions about their sexual and reproductive well-being. We understand the importance of privacy in these matters, and our services are designed to respect and protect your confidentiality. Access to quality information and services is vital for fostering a healthy, supportive campus environment. Visit our healthcare clinic to learn more about how we can support your health and wellness journey.

Tel: +90 392 671 1111 **Extention:** 2905

CIU Health Center page

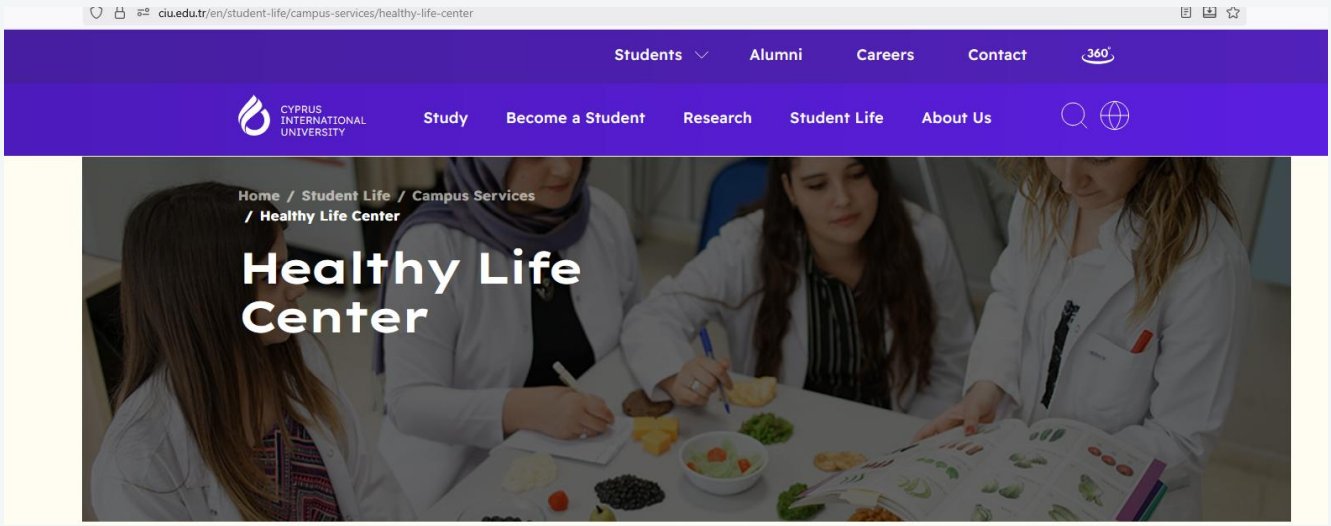
Evidence note

Web page: https://ciu.edu.tr/en/student-life/campus-services/health-center

APPENDIX 1b • CAMPUS SERVICES

Healthy Life Center

Further holistic support and resources for students



CIU Healthy Life Center page

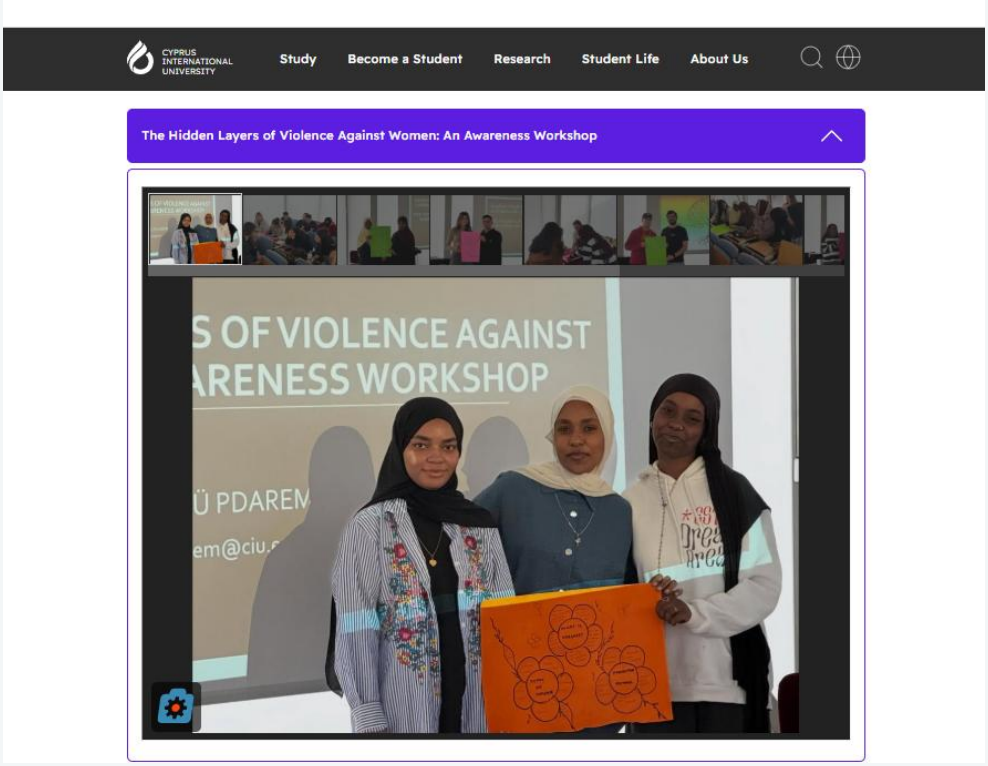
Evidence note

Web page: https://ciu.edu.tr/en/student-life/campus-services/healthy-life-center

APPENDIX 1c • CAMPUS SERVICES

Psychological Counseling and Guidance Center (PDAREM)

Confidential psychological support and guidance regarding interpersonal relationships and mental well-being, free for all students



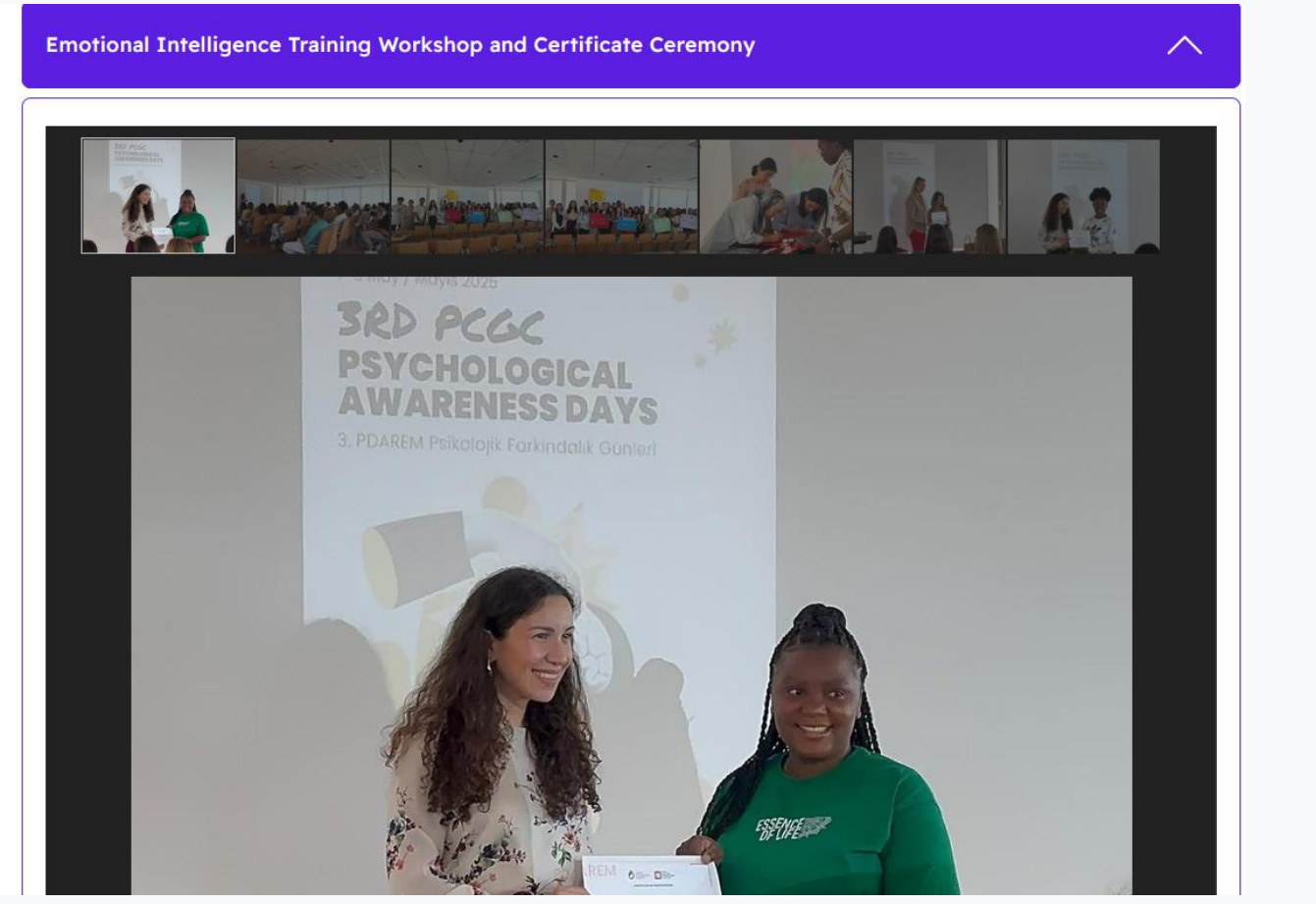
PDAREM page • "The Hidden Layers of Violence Against Women: An Awareness Workshop"

Evidence note

Web page: https://ciu.edu.tr/en/student-life/campus-services/psychological-counseling-and-guidance-center



https://ciu.edu.tr/en/student-life/campus-services/psychological-counseling-and-guidance-center



Psychosocial Functioning: Mental Disorders and Labeling



2025-2026 SPRING SEMESTER ACTIVITIES

Emotional Intelligence Training Program



Rights, Health, and Psychology: The Journey of Women in Northern Cyprus

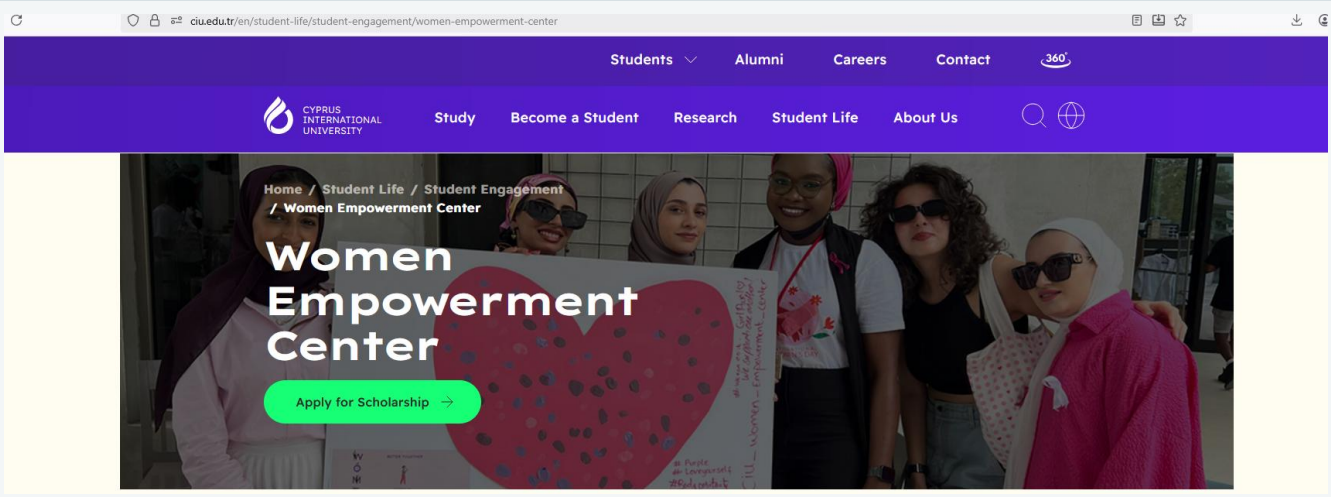


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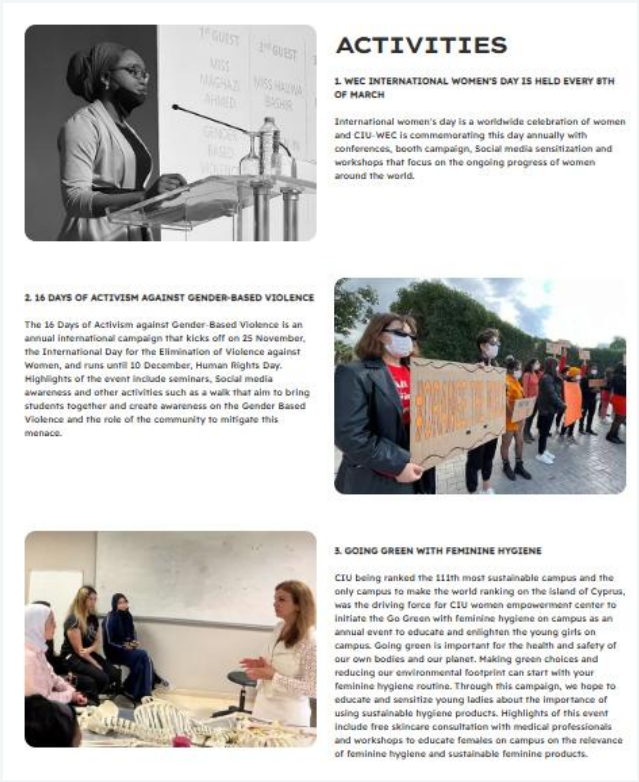
APPENDIX 1d • CAMPUS SERVICES

Women Empowerment Center (CIU-WEC)

Opportunities and activities for women • sheet 1 of 2



CIU-WEC web page



ACTIVITIES

1. WEC INTERNATIONAL WOMEN'S DAY IS HELD EVERY 8TH OF MARCH

International women's day is a worldwide celebration of women and CIU-WEC is commemorating this day annually with conferences, booth campaign, Social media sensitization and workshops that focus on the ongoing progress of women around the world.

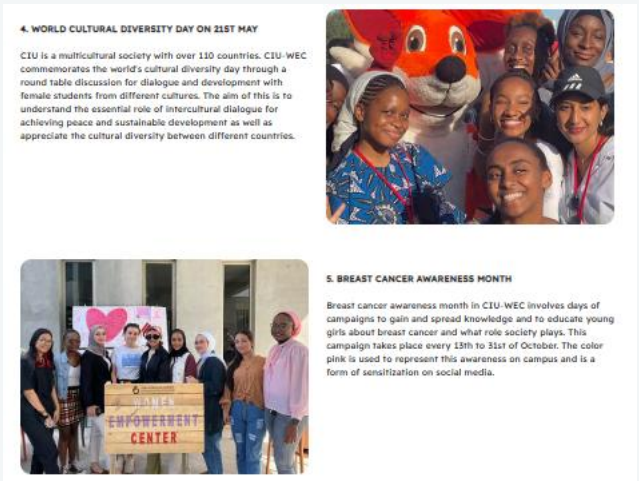
2. 16 DAYS OF ACTIVISM AGAINST GENDER-BASED VIOLENCE

The 16 Days of Activism against Gender-Based Violence is an annual international campaign that kicks off on 25 November, the International Day for the Elimination of Violence against Women, and runs until 10 December, Human Rights Day. Highlights of the event include seminars, Social media awareness and other activities such as a walk that aim to bring students together and create awareness on the Gender Based Violence and the role of the community to mitigate this menace.

3. GOING GREEN WITH FEMININE HYGIENE

CIU being ranked the 111th most sustainable campus and the only campus to make the world ranking on the island of Cyprus, was the driving force for CIU women empowerment center to initiate the Go Green with feminine hygiene on campus as an annual event to educate and enlighten the young girls on campus. Going green is important for the health and safety of our own bodies and our planet. Making green choices and reducing our environmental footprint can start with your feminine hygiene routine. Through this campaign, we hope to educate and sensitize young ladies about the importance of using sustainable hygiene products. Highlights of this event include free skincare consultation with medical professionals and workshops to educate females on campus on the relevance of feminine hygiene and sustainable feminine products.

Activities: Women's Day, 16 Days of Activism, Going Green with Feminine Hygiene



4. WORLD CULTURAL DIVERSITY DAY ON 21ST MAY

CIU is a multicultural society with over 110 countries. CIU-WEC commemorates the world's cultural diversity day through a round table discussion for dialogue and development with female students from different cultures. The aim of this is to understand the essential role of intercultural dialogue for achieving peace and sustainable development as well as appreciate the cultural diversity between different countries.

5. BREAST CANCER AWARENESS MONTH

Breast cancer awareness month in CIU-WEC involves days of campaigns to gain and spread knowledge and to educate young girls about breast cancer and what role society plays. This campaign takes place every 15th to 31st of October. The color pink is used to represent this awareness on campus and is a form of sensitization on social media.

Activities: World Cultural Diversity Day, Breast Cancer Awareness Month

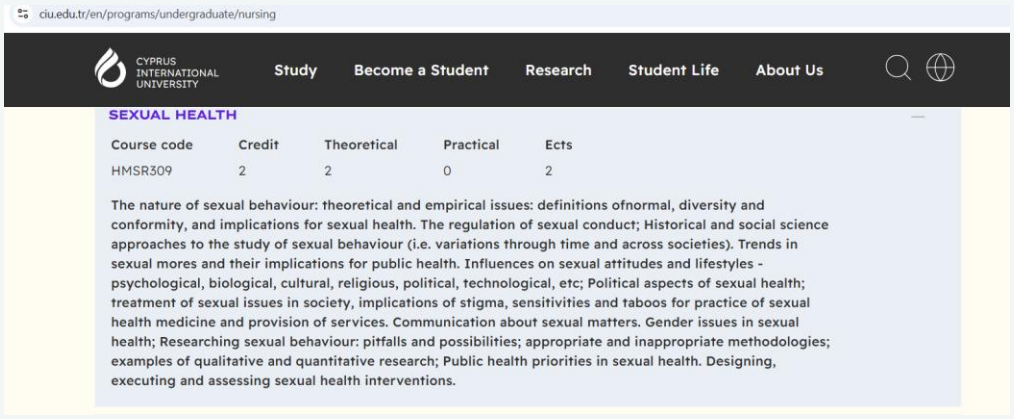
Evidence note

Web page: https://ciu.edu.tr/en/student-life/student-engagement/women-empowerment-center

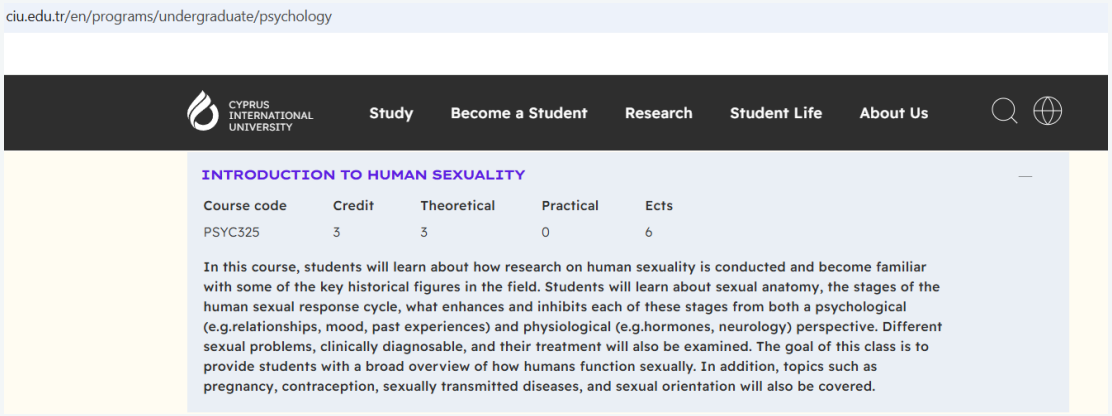
APPENDIX 2a • COURSES

Courses on sexual and reproductive health • C1–C3

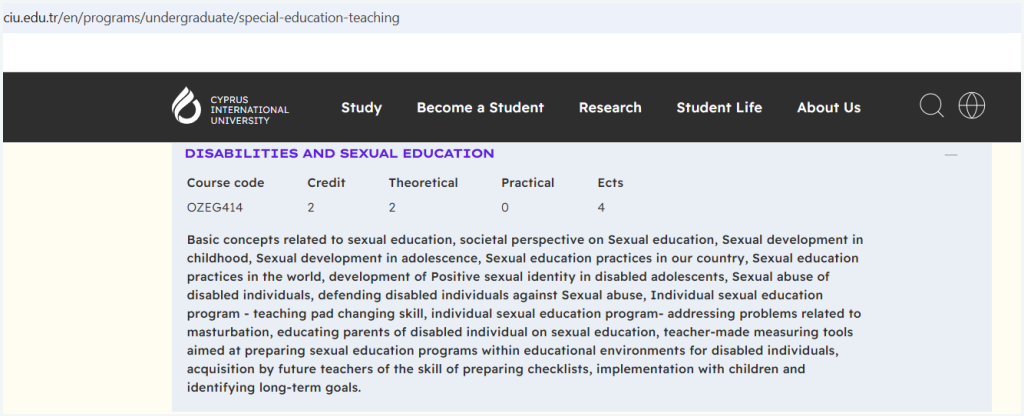
Course descriptions from the CIU programme pages • sheet 1 of 2



C1 • HMSR309 Sexual Health • Nursing (undergraduate)



C2 • PSYC325 Introduction to Human Sexuality • Psychology (undergraduate)



C3 • OZEG414 Disabilities and Sexual Education • Special Education Teaching (undergraduate)

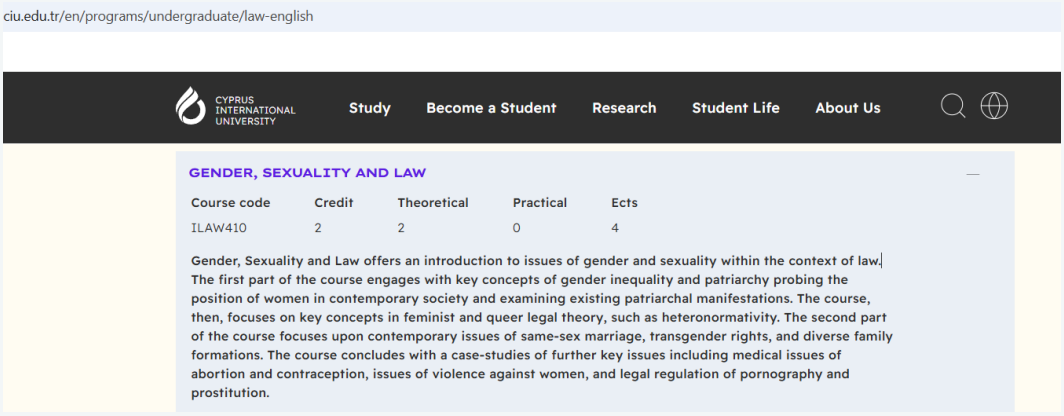
Evidence note

Course descriptions: https://ciu.edu.tr/en/programs/undergraduate/nursing; https://ciu.edu.tr/en/programs/undergraduate/psychology; https://ciu.edu.tr/en/programs/undergraduate/special-education-teaching

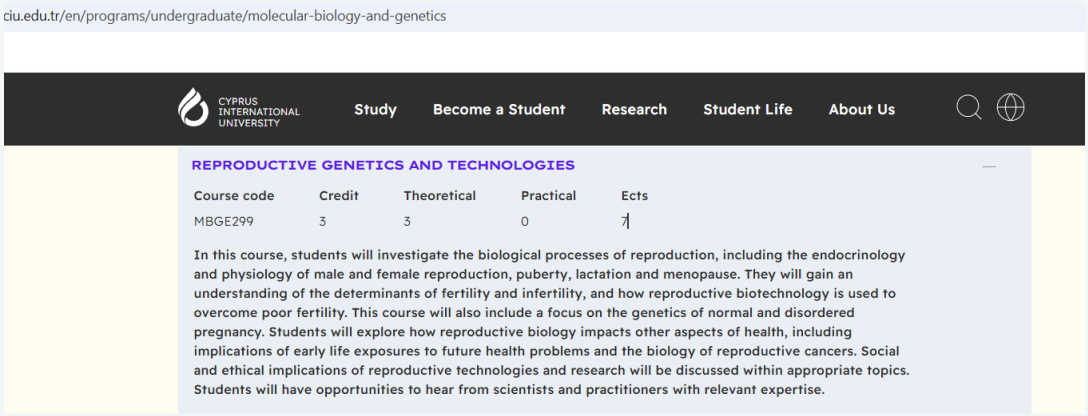
APPENDIX 2b • COURSES • CONTINUED

Courses on sexual and reproductive health • C4–C6

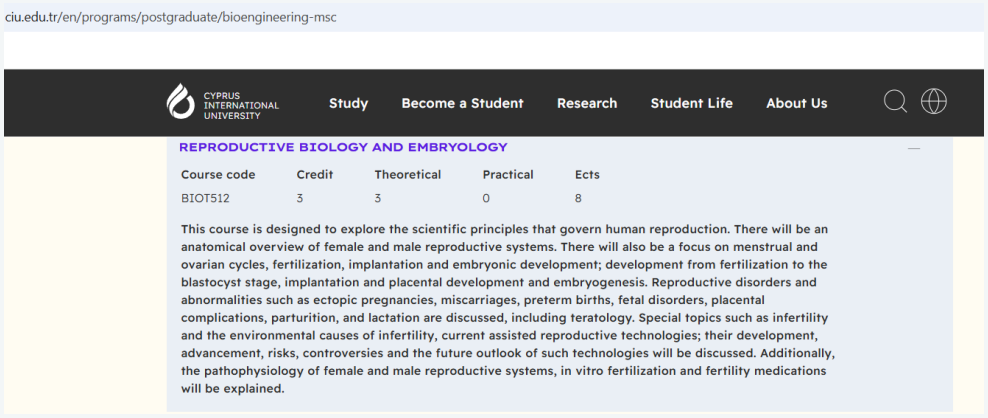
Course descriptions from the CIU programme pages • sheet 2 of 2



C4 • ILAW410 Gender, Sexuality and Law • Law, English (undergraduate)



C5 • MBGE299 Reproductive Genetics and Technologies • Molecular Biology and Genetics (undergraduate)



C6 • BIOT512 Reproductive Biology and Embryology • Bioengineering (MSc)

Evidence note

Course descriptions: https://ciu.edu.tr/en/programs/undergraduate/law-english;
https://ciu.edu.tr/en/programs/undergraduate/molecular-biology-and-genetics;
https://ciu.edu.tr/en/programs/postgraduate/bioengineering-msc

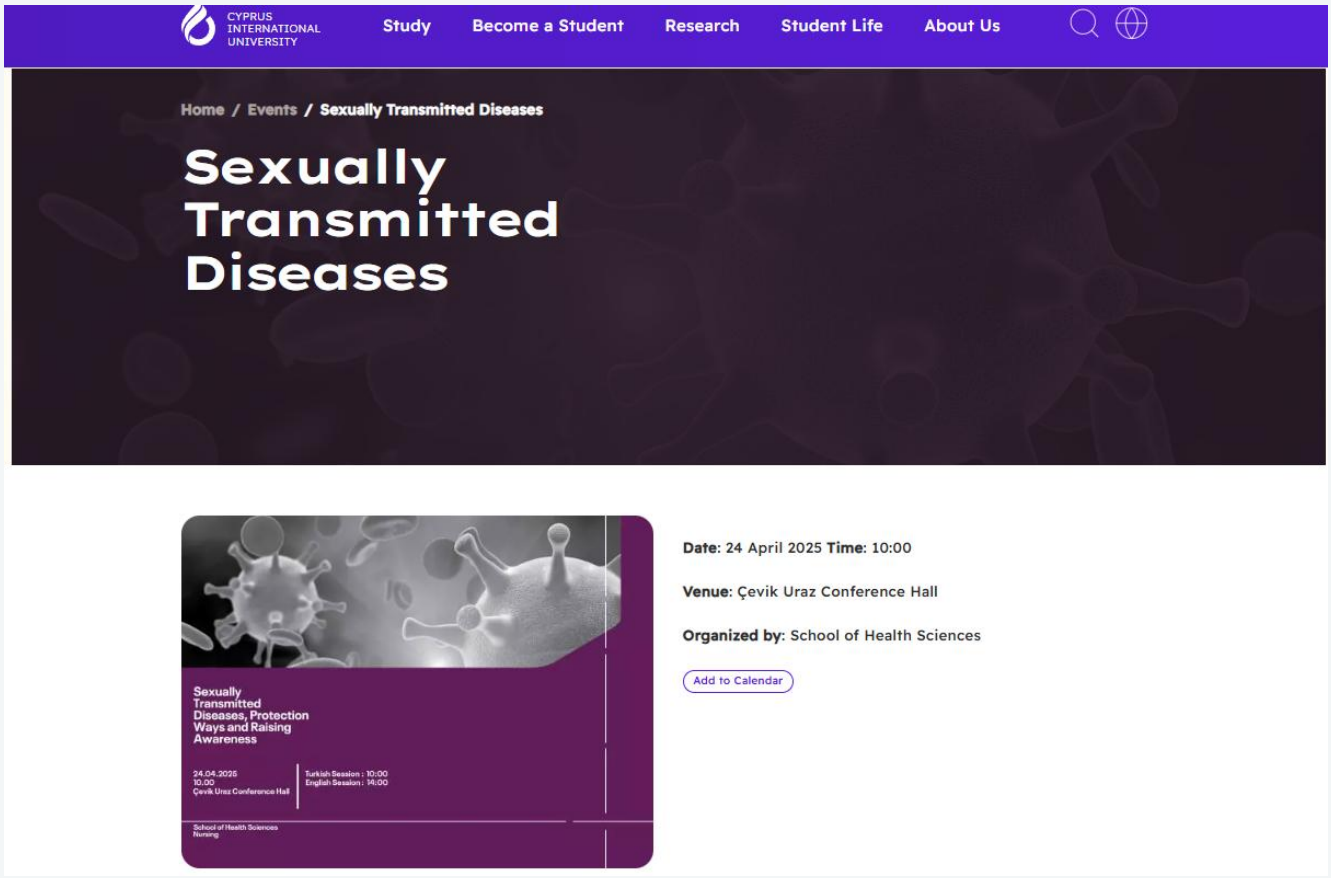
APPENDIX 3 • AWARENESS SESSION

Sexually Transmitted Diseases awareness session

International awareness session offered in Turkish and English • 24 April 2025

Summary

To educate students on sexual health, CIU held an international awareness session on “Sexually Transmitted Diseases” on 24 April 2025 at the Çevik Uraz Conference Hall, organised by the School of Health Sciences. Sessions were offered in Turkish (10:00) and in English (14:00) so that all students could take part.



CIU events page for the session

Evidence note

Event page: https://ciu.edu.tr/en/events/sexually-transmitted-diseases