ULUSLARARASI KIBRIS ÜNİVERSİTESİ
CYPRUS INTERNATIONAL UNIVERSITY

TIMES HIGHER EDUCATION / IMPACT RANKINGS EVIDENCE FACT FILE

SDG 3 / INDICATOR 3.3.6
Smoke-Free Policy

Cyprus International University • North Cyprus – Türkiye • www.ciu.edu.tr



SDG 3	3.3.6	v.2
Good Health and Well-being	Smoke-free policy	Approved by the CIU Executive Board

Purpose of this evidence file

This fact file presents the Cyprus International University (CIU) No-Smoking Policy, its implementation strategies, the campus smoke-free master plan map and the Project Yellow Line report, supporting THE Impact Rankings SDG 3 measure 3.3.6.

INDICATOR 3.3.6

Smoke-free policy at a glance

CIU is committed to creating smoke-free areas and protecting staff, students and visitors from involuntary, passive smoking.

v.2	Jan 2023	2 years
Policy version	Latest revision	Policy review cycle

Headline result

Smoking, including electronic cigarettes, vapes and hookahs, is strictly prohibited on all university property, indoors and outdoors, in line with TRNC law 44/2008.

Evidence scope

No.	Evidence item	Value / note
1	No-Smoking Policy (v.2)	Approved by the CIU Executive Board on 29 December 2020; revised on 10 January 2023
2	Scope	All students, faculty, staff, visitors and contractors; indoor spaces, outdoor spaces and university-sponsored events
3	Prohibition and definition	Traditional tobacco products and electronic smoking devices (e-cigarettes, vape pens, hookahs)
4	Signage, enforcement and cessation support	Campus signage, graduated enforcement, counseling, workshops and cessation resources
5	Appendix 1	Campus Smoke-Free Master Plan Map
6	Appendix 2	Project Yellow Line implementation report and field photos
7	Appendix 3	Original No-Smoking Policy document as issued (3 pages)

What the evidence demonstrates

- A formally approved and periodically reviewed policy that prohibits smoking and vaping on all university property.
- Support for people who wish to quit: counseling, workshops, support groups and cessation information.
- Community engagement, awareness campaigns, staff training and a feedback mechanism that support implementation, plus campus mapping and marking through Project Yellow Line.

POLICY DOCUMENT

Cyprus International University No-Smoking Policy

Version 2, approved by the CIU Executive Board and revised on 10 January 2023.

Version	Approved by	Date	Revised date
v.2	CIU Executive Board	29 December 2020	10 January 2023

Purpose

Cyprus International University recognizes the hazards of smoking for people's health and the environment and is committed to ensuring that policy and practice comply with Turkish Republic of Northern Cyprus' law 44/2008. The University's main objective is to create smoke-free areas and generally protect staff, students, and visitors from the effects of involuntary, passive smoking.

Smoke-free definition

"Smoke-Free" in this context refers to the elimination of all tobacco-based products, including cigarettes, pipes, cigars, hand-rolled cigarettes, etc., as well as any variety of electronic cigarettes such as e-cigarettes, vapes, etc.

Scope

This policy applies to all students, faculty, staff, visitors, and contractors on university property, including:

- All indoor spaces (classrooms, offices, common areas, restrooms)
- Outdoor spaces (campus grounds, athletic facilities, parking lots)
- University-sponsored events, whether on or off campus

POLICY DOCUMENT • POLICY STATEMENT

Policy statement

Eight provisions covering prohibition, designated areas, signage, enforcement, cessation support, community engagement and review.

No.	Provision	Details
1	**Prohibition of smoking**	Smoking is strictly prohibited on all university property. This includes the use of: • Traditional tobacco products (cigarettes, cigars, pipes) • Electronic smoking devices (e-cigarettes, vape pens, hookahs)
2	**Definition of smoking**	Smoking encompasses any activity involving the inhalation, exhalation, burning, or carrying of any lighted tobacco product or electronic device designed to deliver nicotine or other substances.
3	**Designated areas**	If designated smoking areas are established, they will: • Be located at least 25 feet away from building entrances, windows, and air intake systems to minimize secondhand smoke exposure. • Be clearly marked with appropriate signage and maintained for cleanliness. • Include seating and ash disposal containers to encourage responsible use.
4	**Signage**	Comprehensive signage will be placed throughout the campus, including: • Smoke-free zone signs at all entrances and high-traffic areas. • Directional signs to designated smoking areas (if applicable). • Informational posters highlighting the health risks associated with smoking and the benefits of a smoke-free environment.
5	**Enforcement and compliance**	• The university community is encouraged to uphold the policy through peer accountability. • Initial violations will be met with education and a friendly reminder of the policy. • Repeated violations may lead to disciplinary action as per the university's code of conduct, which may include: – Written warnings – Referrals to counseling services – Disciplinary measures for students or staff, up to and including suspension or termination.
6	**Support for cessation**	The university will provide comprehensive support for individuals who wish to quit smoking, including: • Access to counseling services and health professionals specializing in tobacco cessation. • Workshops and support groups focused on quitting smoking. • Information on nicotine replacement therapies (patches, gum) and medications that can assist with cessation. • Online resources and a dedicated webpage with tips, success stories, and links to external support organizations.
7	**Community engagement**	The university will involve the community in the policy's implementation and evaluation through: • Regular surveys to gather feedback on the policy's effectiveness and any areas for improvement. • Focus groups or forums to discuss concerns, suggestions, and experiences related to the smoke-free policy. • An advisory committee may be formed, comprising students, faculty, and staff, to oversee policy enforcement and community outreach.
8	**Policy review**	• This policy will undergo a comprehensive review every two years. • The review process will include analysis of compliance rates, feedback from the community, and consideration of new research and best practices in tobacco control.

Implementation strategies

No.	Strategy	Details
1	**Awareness campaign**	Launch an ongoing awareness campaign that includes: • Orientation sessions for new students and staff to introduce the smoke-free policy. • Informational materials distributed via email, newsletters, and campus publications. • Events such as “Smoke-Free Days” or health fairs to promote the policy and smoking cessation resources.
2	**Training for staff and faculty**	Conduct regular training sessions for staff and faculty on: • The details of the smoke-free policy. • Strategies for promoting the policy in their departments. • How to support students and colleagues in their efforts to quit smoking.
3	**Feedback mechanism**	Establish a dedicated online platform (such as a survey or forum) for community members to provide feedback, report violations, and suggest improvements to the policy.

Closing statement

The university is dedicated to fostering a safe, healthy, and inclusive environment. Your cooperation in adhering to this smoke-free policy is essential for creating a supportive community. Thank you for being so committed to a healthier campus.

POLICY REGISTER

How each element of the policy is evidenced

Each element, what the documents show, and where the evidence is. “Published” means the text is in the policy PDF on the CIU website.

Ref.	Element	What the evidence shows	Basis
S1	**Written policy** Version 2	Approved by the CIU Executive Board on 29 December 2020 and revised on 10 January 2023; published on the CIU website as the No-Smoking Policy.	**Published**
S2	**Legal basis** TRNC law 44/2008	The policy states that policy and practice comply with Turkish Republic of Northern Cyprus law 44/2008.	**Published**
S3	**Scope** People, places, events	Applies to all students, faculty, staff, visitors and contractors, in indoor spaces, outdoor spaces (grounds, athletic facilities, parking lots) and university-sponsored events on or off campus.	**Published**
S4	**Definition** Tobacco and electronic devices	Smoke-free covers cigarettes, pipes, cigars, hand-rolled cigarettes, e-cigarettes, vapes and hookahs.	**Published**
S5	**Signage and marking** Signs, Project Yellow Line	Signs at entrances and high-traffic areas and health posters; the Library Club’s Project Yellow Line proposes bilingual yellow “no smoking beyond here” markings at building entrances. Photos are in Appendix 2.	**Published**
S6	**Smoke-free zones** Master plan map	The campus master plan map marks zones around buildings; its legend states that smoking is not allowed within 6 m of courtyards and building entrances.	**Map**
S7	**Enforcement** Education, then discipline	First violations get education and a reminder; repeated violations may bring written warnings, referral to counseling and disciplinary action up to suspension or termination.	**Published**
S8	**Cessation support** Counseling and resources	Counseling and health professionals, workshops and support groups, information on nicotine replacement therapy, and a web page with tips and external support links. Counseling is available through the Psychological Counseling and Guidance Center.	**Published**
S9	**Engagement and review** Surveys, forum, two-year cycle	Surveys, focus groups and an advisory committee to review the policy; awareness campaign, staff training and an online feedback channel; comprehensive review every two years.	**Published**

How the evidence answers the question

A smoke-free policy: yes. a written, version-controlled policy approved by the Executive Board, published online, and covering all people, indoor and outdoor spaces and events.

As a body: the policy is a CIU document approved by the university’s highest executive body and applied to staff, students, visitors and contractors alike.

Beyond a ban: enforcement steps, cessation support, signage and a review cycle show the policy is meant to be implemented.

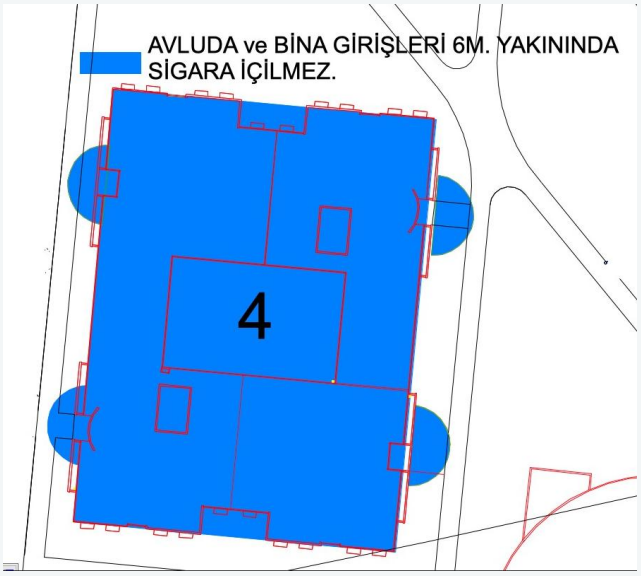
APPENDIX 1 • MASTER PLAN

Campus Smoke-Free Master Plan Map

Campus map showing the smoke-free zones around buildings and courtyards.



Campus smoke-free master plan



Detail of a building zone (building 4)

Evidence note

The map marks the smoke-free zones around campus buildings. The legend (in Turkish) states that smoking is not allowed within 6 m of courtyards and building entrances (“Avluda ve bina girişleri 6m. yakınında sigara içilmez”).

APPENDIX 2 • PROJECT YELLOW LINE

Project Yellow Line implementation report

Prepared by the CIU Library Club (Kütüphane Kulübü) • 2019–2020 academic year • Lefkoşa, 2019

Project Yellow Line

Considering the collective use of our university environment, the need for a “smoking zone / no smoking beyond here” marking would improve the use of the university’s environment. This has been created in other institutions that have similar concern about the effective use and coordination of the environment. For example, California Government Code 7597 (2003) states that no public employee or member of the public shall smoke any tobacco product inside a public building, or in an outdoor area within 20 feet of a main exit, entrance, or operable window of a public building.

As our university desires to keep a global standard in all areas, following similar conduct in the use of the environment will help achieve this goal. Most importantly, it helps regulate oxygen levels in different parts of the university and avoids the exposure of non-smokers to exhaled smoke, in other words second-hand smoking. The project is titled **Project Yellow Line (PYL)**.

Factors to be considered

Factor	Detail
Location	Any public place where staff or students gather to enter or exit a university building or facility, to access a service or goods provided by the university or third parties, or within a collective air-intake system. Examples: entry and exit doors, doorways and corridors of buildings, offices, dormitories, libraries, restaurants and supermarkets, and areas served by air conditioning and fans.
Proposed locations	Rectorate building main entrance, Library entrance and exit doors, Registration Office entrance, Education and Humanities Faculty entrance, Arts and Sciences Faculty entrance, Çevik Uraz entrance, Lemar supermarket and Saydam Berberoğlu entrances, Break Point and Lake View entrances.
Measurement	The minimum distance from openable windows, doors and corridors depends on the space available. Some institutions have adopted as much as 24 feet (7.2 m), while others use at least 13.1 feet (4 m). CIU could adopt a minimum of 13.1 feet (4 m) up to a maximum of 19.6 feet (6 m), based on space availability and usage.
Implementation	Implementation includes a fair charge based on the institutional decision. Charges against violators in countries like Turkey range from a penalty of 69 TL to 100 TL.
Alternatives	Depending on the use or need of the environment, smoking shelters and cabins are considerable alternatives that can be used alongside the yellow line to create more coordination.
Materials	Writings in English and Turkish in yellow paint.

Conclusion

The use of the environment by different kinds of users (smoking or non-smoking) would be more considerate with the implementation of Project Yellow Line, which contributes to other methods, plans and projects of good environment use that the university has already implemented.

APPENDIX 2 • FIELD PHOTOS

Project Yellow Line: field photos and examples from CIU

Yellow-line “no smoking beyond here” markings, signage and smoking-area examples. • sheet 1 of 4



Figure 1



Figure 2

Evidence note

Photographs and examples illustrating the Project Yellow Line concept: yellow-line markings, “no smoking beyond here” and “sigara içilmez” signage, and smoking shelters.

APPENDIX 2 • FIELD PHOTOS • CONTINUED

Project Yellow Line: field photos and examples

Yellow-line “no smoking beyond here” markings, signage and smoking-area examples. • sheet 2 of 4



Figure 5



Figure 6



Figure 7



Figure 8

APPENDIX 2 • FIELD PHOTOS • CONTINUED

Project Yellow Line: field photos and examples

Yellow-line “no smoking beyond here” markings, signage and smoking-area examples. • sheet 3 of 4

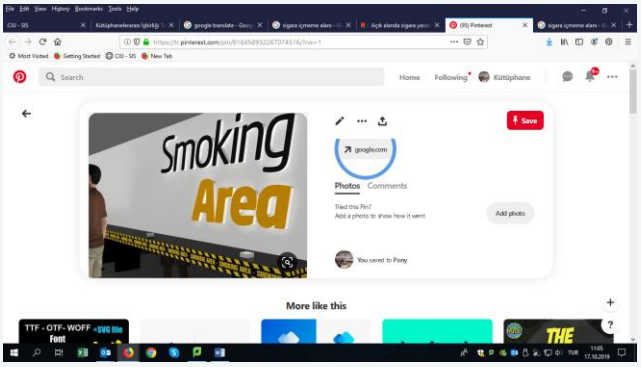


Figure 9



Figure 10



Figure 11

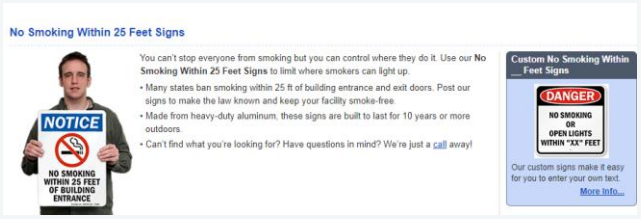


Figure 12

APPENDIX 2 • FIELD PHOTOS • CONTINUED

Project Yellow Line: field photos and examples

Yellow-line “no smoking beyond here” markings, signage and smoking-area examples. • sheet 4 of 4



Figure 13

APPENDIX 3 • ORIGINAL POLICY DOCUMENT

No-Smoking Policy as issued, page 1 of 3

The policy document supplied by CIU, reproduced page by page. Its text is set out in the Policy document section of this file.



Cyprus International University

No-Smoking Policy

Version	Approved by	Date	Revised Date
v.2	CIU Executive Board	29 December 2020	10 January 2023

Purpose

Cyprus International University recognizes the hazards of smoking for people's health and the environment and is committed to ensuring that policy and practice comply with Turkish Republic of Northern Cyprus' law 44/2008. The University's main objective is to create smoke-free areas and generally protect staff, students, and visitors from the effects of involuntary, passive smoking.

Smoke-Free Definition

'Smoke-Free' in this context refers to the elimination of all tobacco-based products, including cigarettes, pipes, cigars, hand-rolled cigarettes, etc., as well as any variety of electronic cigarettes such as e-cigarettes, vapes, etc.

Scope:

This policy applies to all students, faculty, staff, visitors, and contractors on university property, including:

- All indoor spaces (classrooms, offices, common areas, restrooms)
- Outdoor spaces (campus grounds, athletic facilities, parking lots)
- University-sponsored events, whether on or off campus

Policy Statement:

1. **Prohibition of Smoking:**
   Smoking is strictly prohibited on all university property. This includes the use of:
   - Traditional tobacco products (cigarettes, cigars, pipes)
   - Electronic smoking devices (e-cigarettes, vape pens, hookahs)

APPENDIX 3 • ORIGINAL POLICY DOCUMENT • CONTINUED

No-Smoking Policy as issued, page 2 of 3

Provisions 2 to 6: definition, designated areas, signage, enforcement and cessation support.

2. **Definition of Smoking:**
   Smoking encompasses any activity involving the inhalation, exhalation, burning, or carrying of any lighted tobacco product or electronic device designed to deliver nicotine or other substances.
3. **Designated Areas:**
   If designated smoking areas are established, they will:
   - Be located at least 25 feet away from building entrances, windows, and air intake systems to minimize secondhand smoke exposure.
   - Be clearly marked with appropriate signage and maintained for cleanliness.
   - Include seating and ash disposal containers to encourage responsible use.
4. **Signage:**
   Comprehensive signage will be placed throughout the campus, including:
   - Smoke-free zone signs at all entrances and high-traffic areas.
   - Directional signs to designated smoking areas (if applicable).
   - Informational posters highlighting the health risks associated with smoking and the benefits of a smoke-free environment.
5. **Enforcement and Compliance:**
   - The university community is encouraged to uphold the policy through peer accountability.
   - Initial violations will be met with education and a friendly reminder of the policy.
   - Repeated violations may lead to disciplinary action as per the university's code of conduct, which may include:
     - Written warnings
     - Referrals to counseling services
     - Disciplinary measures for students or staff, up to and including suspension or termination.
6. **Support for Cessation:**
   The university will provide comprehensive support for individuals who wish to quit smoking, including:
   - Access to counseling services and health professionals specializing in tobacco cessation.
   - Workshops and support groups focused on quitting smoking.
   - Information on nicotine replacement therapies (patches, gum) and medications that can assist with cessation.
   - Online resources and a dedicated webpage with tips, success stories, and links to external support organizations.

APPENDIX 3 • ORIGINAL POLICY DOCUMENT • CONTINUED

No-Smoking Policy as issued, page 3 of 3

Provisions 7 and 8 and the implementation strategies.

7. **Community Engagement:**
    - The university will involve the community in the policy's implementation and evaluation through:
        - Regular surveys to gather feedback on the policy's effectiveness and any areas for improvement.
        - Focus groups or forums to discuss concerns, suggestions, and experiences related to the smoke-free policy.
    - An advisory committee may be formed, comprising students, faculty, and staff, to oversee policy enforcement and community outreach.
8. **Policy Review:**
    - This policy will undergo a comprehensive review every two years.
    - The review process will include analysis of compliance rates, feedback from the community, and consideration of new research and best practices in tobacco control.

Implementation Strategies

1. **Awareness Campaign:**
    - Launch an ongoing awareness campaign that includes:
        - Orientation sessions for new students and staff to introduce the smoke-free policy.
        - Informational materials distributed via email, newsletters, and campus publications.
        - Events such as "Smoke-Free Days" or health fairs to promote the policy and smoking cessation resources.
2. **Training for Staff and Faculty:**
    - Conduct regular training sessions for staff and faculty on:
        - The details of the smoke-free policy.
        - Strategies for promoting the policy in their departments.
        - How to support students and colleagues in their efforts to quit smoking.
3. **Feedback Mechanism:**
    - Establish a dedicated online platform (such as a survey or forum) for community members to provide feedback, report violations, and suggest improvements to the policy.

The university is dedicated to fostering a safe, healthy, and inclusive environment. Your cooperation in adhering to this smoke-free policy is essential for creating a supportive community. Thank you for being so committed to a healthier campus.